

Updated COVID-19 Public Health Guidance for K-12 Schools Live Oak Charter School

On January 12, 2022, The California Department of Public Health updated its COVID-19 Public Health Guidance for K-12 Schools. The updates explained below allow for a quicker and broader response to cases identified in school settings. This is possible because the multi-layered approach to COVID-19 mitigation has effectively curbed in-school transmission to-date. Other layers - such as increasing number of students receiving the COVID-19 vaccination, students wearing well-fitting masks throughout the day, staying home and testing if symptomatic, and Live Oak's commitment to weekly PCR testing - remain crucial to our school-based mitigation efforts.

Positive for COVID-19

Students who test positive for COVID-19 are now eligible to return to school and end isolation after 5 days if the following conditions are met. To be eligible for this reduced timeline

- students must be either asymptomatic or symptoms are fully resolved, fever-free for 24-hours without the use of any medication,
- **and** received a negative COVID test (antigen test is preferred) on/after Day 5.

Updated CDPH Guidance - Isolation Guidelines if Positive for COVID-19	
Students Who Test Positive for COVID-19	Recommended Action
<p>Applies to everyone, regardless of:</p> <ul style="list-style-type: none"> • vaccination status • previous infection, • or lack of symptoms 	<ul style="list-style-type: none"> • Stay home for at least 5 days. • Isolation can end after Day 5 if symptoms are not present or have resolved and a COVID test collected on/after Day 5 is negative. • If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after Day 10. • If fever is present, isolation continues until fever resolves. • Wear a well-fitting mask around others for a total of 10 days, especially indoors.

Family Member Tested Positive for COVID-19

A student that has a family member who tested positive for COVID-19 may need to quarantine at home. This is determined by the student's vaccination status. The student should separate completely from the positive household member so they are not continually exposed.

The quarantine "clock" for an unvaccinated student exposed to a positive case does not begin until after the student's final exposure to the household member. Being able to separate completely helps determine the date of last exposure, Day 0.

Updated CDPH Guidance - Quarantine Guidelines for Exposure AT HOME	
Students Who are Exposed to Someone with COVID-19 AT HOME	Recommended Action
Fully-vaccinated Recently positive for COVID-19 within the last 90 days	<ul style="list-style-type: none">• No quarantine is required.• Continue to wear a well-fitting mask.
Unvaccinated (or not fully vaccinated) K-12 Student	<ul style="list-style-type: none">• Stay home for at <u>least</u> 5 days.• Quarantine can end after Day 5 if asymptomatic (or) symptoms have resolved and a COVID test collected on/after Day 5 is negative.• If unable to test or choosing not to test, quarantine may end after Day 10.• Wear a well-fitting mask around others for a total of 10 days, especially indoors.

If the unvaccinated/partially vaccinated student *cannot separate completely* from the positive household member, and they are being **continually exposed** in the home, their quarantine "clock" may not begin until after their **final exposure** to the positive case. Final exposure may end up being the positive case's last day of their isolation/infectious period.

If the unvaccinated/partially vaccinated student **can** completely separate, then their quarantine "clock" can begin the day **after** they completely separated (the day after last exposure).

Complete separation in the home includes all of the following:

- **Separate bedroom** - or head of beds at opposite ends of the room, 6+ feet apart
- **Separate bathroom** - alternatives: showering at separate times, wiping down high-touch surfaces after the shower steam settles, keeping toothbrushes separated, etc.
- Keeping at least **6 feet of distance** from others at all times
- **AND** wearing **masks** when sharing common spaces (both the positive person and the other household members)

Close Contact in a School Setting and Group-Tracing

“Close Contact” is now defined as anyone who shared indoor air space for at least 15 minutes (within 24 hours) with a positive COVID-19 case.

CDPH determined that the shorter incubation period and increased transmissibility of variants allows for a group-tracing approach for students exposed to COVID-19 in a school setting. Notification to families will occur to the group of students rather than contract tracing to identify individuals within six feet.

Updated CDPH Guidance - Exposure in K-12 Setting	
K-12 Students Exposed in K-12 Setting	Recommended Action
Any K-12 Student (regardless of vaccination status, masking, prior infection) that shared indoor air space for at least 15 minutes (within 24 hours) with a positive COVID-19 Case in a K-12 Setting	<ul style="list-style-type: none">• Stay in school for in-person instruction.• Should test for COVID-19 with a diagnostic test within 3-5 days after last exposure.• Continue to wear a well-fitting mask.• Stay home and test ASAP if symptoms develop.